REVIEW ARTICLE



Deep learning approaches for automated classification and segmentation of head and neck cancers and brain tumors in magnetic resonance images: a meta-analysis study

Samireh Badrigilan¹ · Shahabedin Nabavi² · Ahmad Ali Abin² · Nima Rostampour¹ · Iraj Abedi³ · Atefeh Shirvani³ · Mohsen Ebrahimi Moghaddam²

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Abstract

Purpose Deep learning (DL) has led to widespread changes in automated segmentation and classification for medical purposes. This study is an attempt to use statistical methods to analyze studies related to segmentation and classification of head and neck cancers (HNCs) and brain tumors in MRI images.

Methods PubMed, Web of Science, Embase, and Scopus were searched to retrieve related studies published from January 2016 to January 2020. Studies that evaluated the performance of DL-based models in the segmentation, and/or classification and/or grading of HNCs and/or brain tumors were included. Selected studies for each analysis were statistically evaluated based on the diagnostic performance metrics.

Results The search results retrieved 1,664 related studies, of which 30 studies were eligible for meta-analysis. The overall performance of DL models for the complete tumor in terms of the pooled Dice score, sensitivity, and specificity was 0.8965 (95% confidence interval (95% CI): 0.76–0.9994), 0.9132 (95% CI: 0.71–0.994) and 0.9164 (95% CI: 0.78–1.00), respectively. The DL methods achieved the highest performance for classifying three types of glioma, meningioma, and pituitary tumors with overall accuracies of 96.01%, 99.73%, and 96.58%, respectively. Stratification of glioma tumors by high and low grading revealed overall accuracies of 94.32% and 94.23% for the DL methods, respectively.

Conclusion Based on the obtained results, we can acknowledge the significant ability of DL methods in the mentioned applications. Poor reporting in these studies challenges the analysis process, so it is recommended that future studies report comprehensive results based on different metrics.

Keywords Classification \cdot Deep learning \cdot Head & neck tumors \cdot Magnetic resonance imaging \cdot Meta-analysis \cdot Segmentation

Nima Rostampour nima.rostampour@kums.ac.ir

- ¹ Department of Medical Physics, School of Medicine, Kermanshah University of Medical Sciences, Kermanshah, Iran
- ² Faculty of Computer Science and Engineering, Shahid Beheshti University, Tehran, Iran
- ³ Department of Medical Physics, School of Medicine, Isfahan University of Medical Sciences, Isfahan, Iran

Introduction

Worldwide, with more than 600,000 new cases annually, head and neck cancer (HNC) is the sixth most common cancer [1, 2]. It accounts for 300,000 deaths in the world each year [3]. HNCs defined as tumors that develop in the head and neck region which includes tumors of salivary gland, pharynx, larynx, oral cavity, nasal cavity, paranasal sinus, and the thyroid. [4, 5]. Regardless of different histopathology of HNCs, almost 85% of them are squamous cell carcinomas [5, 6]. Currently, HNCs are treated with radiation therapy, chemotherapy, surgery, or a combination of them. It is a complicated process due to large target volume and many radiation-sensitive critical tissues near the target [7, 8]. A dismal 40–50% survival rate, due to development of

a second primary cancer or distant metastasis, means that treatment failure occurs in almost half of the patients regardless of rigorous combined treatment [9]; however, the locoregional control of most HNCs is acceptable [10-12].

Brain tumor is one of the other types of neoplasms which can also develop in the head and neck region, but its diagnosis and treatment process are different from HNCs. It accounts for 1.6% of all malignances and 2.5% of all cancerrelated deaths [2]. Based on the origin, brain tumors are divided into two groups, primary and metastatic. Gliomas are the most common type of primary brain tumors in adults which based on the clinical criteria and histopathology are graded as I-IV. Grade I (pilocytic astrocytoma) is benign tumors with nearly normal cells in histopathological examinations. Grade II (low grade glioma (LGG)) includes oligodendroglioma, astrocytoma, and mixed oligoastrocytoma. Some LGGs eventually evolve to high grade glioma (HGG) which include grade III and IV. Grade IV (glioblastoma multiform (GBM)) is considered as the most severe type with highest spreading rate [13].

MRI is an effective imaging technique in the diagnosis process of HNCs and brain tumors due to employing nonionizing radiation and its higher soft-tissue resolution in addition to employing of contrast-enhanced agents as well as acquiring different images by using various imaging parameters [14, 15]. It is the commonly used imaging modality to evaluate HNCs and brain tumors as contrasted to other imaging procedures including positron emission tomography (PET) and computerized tomography (CT) [16–18], and also it can obtain three-dimensional images which provides detailed information about the target [19].

Image segmentation is a task in which a part of a medical image that is of interest to the medical team is automatically separated from the rest of the image contents [20]. Although the utility of manual segmentation is prevalent in the clinical routine currently, more time and clinical practice is required by the radiologists. In order to detect HNCs and brain tumors, several deep learning (DL) models such as U-Net and DeepMedic were introduced [21, 22]. DL is a subset of machine learning and recently exhibited a considerable efficiency as a widespread technique, especially in classification and segmentation drawbacks. Due to some performance limitation, convolutional neural network (CNN) models were rapidly developed in recent years. CNN is a class of DL that requires minimal preprocessing and generally used in evaluating of visual imagery [23]. Feature learning and providing unlimited accuracy are major superiority of CNNs to classify various types and grades of brain tumors compared with conventional machine learning [15].

Medical image classification refers to a concept in which images are categorized into different classes based on, for example, the type of lesion observed in images using a supervised learning method. Once the training process is performed by a set of images, the classifier can be used in subsequent machine-based medical diagnoses [24]. Classification of brain tumors has been carried out using different imaging techniques and machine learning approaches in recent years [25–28]. CNN uses convolution operators in most layers of the networks instead of matrix multiplication and consequently contributes to priority of convolutional networks in resolving drawbacks with great computational values. This capability is considerable due to thousands of images with different types and qualities included in MRIdataset as well as automatic feature extraction is the other advantage of this method compared with shallow machine learning methods.

Automatic determination of the type of lesion or its related area using the images is essential because it allows medical diagnoses to be made even in the absence of experts and in the shortest possible time. In this work, we aimed to evaluate the performance of the DL models for the segmentation and classification of MRI data of patients with HNCs and brain tumors. Then, we evaluated the performance of the models in both classification and segmentation of HNCs and brain tumors by comparing automated measurements to manual measurements derived from experts. Therefore, the contribution of this study is twofold:

- Analysis of studies related to DL-based MR images segmentation associated with HNCs and brain tumors.
- Analysis of the results of studies related to the DL-based classification and grading of brain tumors in MR images.

The rest of this paper is organized as follows. "Methods and data to review" section describes the search and selection process of the eligible studies and statistical approaches to calculate the performance metrics. The results of this meta-analysis are given in "Search strategy" section. Finally, "Selection criteria and data extraction" section and "Statistical analysis" section are devoted to the discussion and conclusion.

Methods and data to review

Search strategy

After 2016, massive research efforts have been devoted to develop DL algorithms for automated segmentation of tumors of head and neck region from MR images, continuing to date. To identify potentially relevant articles, a title/abstract/keyword search was performed in PubMed, Web of Science, Embase, and Scopus databases until January 2020. Our search strategy employed specific search tips of each database using the search query: ("deep learning" OR "hierarchical neural network" OR "convolutional neural network" OR "deep" OR "learning") AND ("segmentation" or "automated segmentation" OR "classification" OR "automated classification") AND ("head and neck neoplasms" OR " head-and-neck" OR " glioma " OR "brain tumor" OR "brain") AND (MRI OR "magnetic resonance imaging"). In addition, a manually evaluation was done to collect all potentially eligible articles. We did not impose any search limitation based on date of publications.

Selection criteria and data extraction

English original articles which met the following criteria were included in the meta-analysis: a) develop a DL algorithm for the following: 1) segmentation of MRI data from patients with HNC and/or brain tumor; 2) classification and grading of MRI data from patients with HNC and/or brain tumor, b) sufficient data regarding the performance of developed algorithms should be available or could be calculated from the raw data (e.g., accuracy, sensitivity, and specificity). The exclusion criteria were as follows: a) reviews, conference abstracts, book chapters, meta-analysis, editorials, duplicate publication, b) lacking sufficient data regarding diagnostic estimates such as true positives (TP), false negatives (FN), true negatives (TN), false positives (FP), sensitivity, and specificity, c) inability to obtain the full text.

The titles and abstracts of the retrieved studies screened independently for valid articles by two reviewers (S. BG., S. N.). In the next step, the following data were extracted from each eligible study: author's name, publication year, type of the cancer, type of DL-based model, TP, FP, FN, and TN. In studies, four labels manually were used to perform tumor segmentation as follows; label 1: necrosis, label 2: edema, label 3: non-enhancing tumor, and label 4: enhancing tumor. The ground truth segmentation was done by experienced neuroradiologists. Commonly, the tumor structure is divided into three regions for clinical applications, as core tumor (necrosis + non-enhancing tumor + enhancing tumor), enhancing tumor, and complete tumor (necrosis + non-enhancing tumor + enhancing tumor + enhancing

To evaluate performance of the proposed DL-based methods in automated segmentation of HNC and brain tumor, three publicly available metrics: The Dice score, the specificity, and the sensitivity were extracted for each tumor region.

How to calculate the dice coefficient, the specificity and the sensitivity is given in Eqs. 1 to 3.

$$Dice = \frac{2TP}{FP + 2TP + FN}$$
(1)

Sensitivity =
$$\frac{\text{TP}}{\text{TP} + \text{FN}}$$
 (2)

Specificity =
$$\frac{\text{TN}}{\text{FP} + \text{FN}}$$
, (3)

where TP, TN, FP, and FN show true positive, true negative, false positive and false negative, respectively.

Other widely adopted measures, if calculated, Jaccard similarity coefficient (JSC), Average symmetric surface distance (ASSD), percent match (PM), correspondence ratio (CR), and 95th percentile Hausdorff distance (HD95) were also extracted. Equations 4 to 8 show how these metrics are calculated.

$$JSC = \frac{TP}{TP + FP + FN}$$
(4)

$$ASSD = \frac{TN}{FP + FN}$$
(5)

$$PM = \frac{TP}{TP + FN}$$
(6)

$$CR = \frac{TP - 0/5 \times FP}{TP + FN}$$
(7)

$$HD(GS) = \max\left\{ \begin{array}{l} \sup & \inf \\ g \in G \ s \in S \end{array} \begin{array}{l} \sup & \sup & \inf \\ s \in S \ g \in G \end{array} \begin{array}{l} \sup & i \\ s \in S \end{array} \begin{array}{l} \sup & i \\ g \in G \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \end{array} \begin{array}{l} \sup \\ g \in G \end{array} \end{array}$$

where G and \underline{S} are related to ground truth and segmented regions, and g and s indicate the points on G and S, respectively.

Apart from these, the effectiveness of tumor grade (HGG, LGG) and image view (axial, sagittal, coronal, fusing) on the segmentation performance was evaluated. The performance of classification methods was evaluated using accuracy, sensitivity, and specificity parameters. Accuracy is also calculated using Eq. 9.

$$Accuracy = \frac{TP + TN}{TP + FP + TN + FN}$$
(9)

Statistical analysis

Stata software (version 14.2; Stata Corporation, College Station, TX) was used to perform meta-analysis. The segmentation performance measures for each study calculated as pooled Dice, sensitivity, and specificity. Furthermore, positive likelihood ratio (PLR), negative likelihood ratio (NLR), and corresponding 95% confidence intervals (CIs) were calculated for classification of grade and type of brain tumors. The analysis was based on the summary receiver operating characteristic (SROC) curves, and the area under the curve (AUC) is calculated. Fagan's nomogram was applied to interpret clinical utility if DL algorithms diagnosing grade and type of brain tumors.

Results

We identified 1664 relevant articles, of which 1459 were screened after deleting 205 duplicated articles. Of them, 1350 articles excluded by the screening of the little and abstract. Then, we assessed the full-text of the remaining 109 articles for eligibility, of which 30 articles were selected for this meta-analysis [29–57]. The procedure of the literature retrieval and inclusion is presented in Fig. 1. The majority of the studies consisted of patients

with brain tumors; however, four studies included nasopharyngeal cancer (NPC) [51, 58–60]. The most brain tumors consisted of patients with LGG and HGG; however, two included LGG [29, 56] and one included HGG [30] only. Most of the studies used available datasets including BRATS, REMBRANDT, TCGA-GBM, and TCGA-LGG; and ten studies relied on local datasets. In total, two studies used BRATS 2012 dataset; eight studies used BRATS 2013 dataset; two studies used BRATS 2014 dataset; 16 studies used BRATS 2015 dataset; five studies used BRATS 2016 dataset; six studies used BRATS 2017 dataset; and eight studies used BRATS 2018 dataset. Four studies used other datasets; one studies used REMBRANDT dataset; one studies used TCGA-GBM,



Fig. 1 PRISMA flowchart of the identification of eligible studies

TCGA-LGG, and Figshare datasets. Main characteristics of the included studies are presented in Table 1.

Meta-analysis results

A statistical analysis was conducted using the above data to analyze the performance of DL methods for head and neck tumor segmentation and classification. Seventeen studies provided sufficient information to evaluate the segmentation performance of head and neck tumor subregions using DL models compared with ground truth. Within this group, the performance of all DL model in terms of the pooled Dice score is 0.8965 (confidence intervals (95% CI:) 0.76-0.9994) for complete tumor, 0.7822 (95% CI: 0.56-0.952) for core tumor, and 0.7711 (95% CI: 0.561-0.948) for enhanced tumor (Fig. 2a), the pooled sensitivity is 0.9132 (95% CI: 0.71-0.994) for complete tumor, 0.8103 (95% CI: 0.63-0.92) for core tumor, and 0.79 (95% CI: 0.65-0.9) for enhanced tumor (Fig. 2b), and the pooled specificity is 0.9164 (95%) CI: 0.78-1.00) for complete tumor, 0.8314 (95% CI: 0.61-0.93) for core tumor and 0.8105 (95% CI: 0.59-0.92) for enhanced tumor (Fig. 2c).

In addition, the evaluation of the segmentation performance of DL methods in four studies with NPC and one study with LGG and HGG also considered by JSC, ASSD, PM, and CR metrics [40, 51, 58, 60, 61]. In terms of JSC, the DL methods gained an average value of 0.7969 for complete tumor region based on 220 cases. The average PM using 89 patients was 0.879 for complete tumor region. For the CR, the DL methods achieved an average value of 0.804 for complete tumor region based on 130 cases. DL methods achieved an average ASSD of 1.168 and an average HD95 of 6.179 for complete tumor region.

Of the 18 studies, the segmentation performance of DL methods in four studies evaluated by subgrouping grade of glioma tumors. The pooled average Dice score of these four studies was 0.8395 and 0.8794 for LGG and HGG subgroups, respectively. From the pooled two studies, the segmentation sensitivity and specificity were 0.833 and 0.90 for LGG and were 0.8269 and 0.9643 for HGG subgroups, respectively. One study reported 3.4419 and 3.4805 HD95 for LGG and HGG subgroups, respectively.

Of the 18 studies, two studies used four models to segment tumor images slice by slice in axial, coronal, and sagittal views, and results of three different views were fused. For complete tumor, core tumor and enhanced tumor, results of analysis related to dice coefficient, sensitivity, and specificity in different views are tabulated in Table 2. Also, Fig. 3 shows the bar chart of the results. In one another study, the axial, coronal and sagittal view, and the multi-view DL method achieved an average ASSD of 1.361, 1.858, 1.762, and 1.203 for complete tumor, respectively. For the PM and CR, an average value of 0.84 and 0.75 in axial view, 0.745 and 0.64 in coronal view, 0.8 and 0.78 in sagittal, 0.8593 and 0.77 in the multi-view DL method reported for complete tumor, respectively.

The DL methods achieved the best performance for classifying three types of glioma, meningioma, and pituitary tumors with overall accuracies of 96.01%, 99.73%, and 96.58%, respectively. In Fig. 4a, the confusion matrix is showed to check the performance. This matrix gives valuable information about the actual and predicted labels provided by the DL classification methods. Using this information, the sensitivity and specificity of the DL methods for classifying MR brain tumor images were 97.0% and 98.0% for glioma tumors, 94.0% for pituitary tumors, respectively.

For glioma tumors, the AUC for SROC curve was 0.99 (95% CI: 0.98–100) (Fig. 5a). Fagan's nomogram analysis showed that with a pretest probability of 25%, DL as an automated diagnostic method can increase posttest probability of a positive result to 93% while the posttest probability of a negative test was only 1% (Fig. 5b). When setting the pretest probability to 50%, DL increased the probability of ignoring a glioma patient with a negative result (Fig. 5c). Based on 75% pretest probability, DL increased the probability of a correct detection to 98%, while there is a posttest probability of a correct detection to 99%, while there is a posttest probability of 10% for ignoring a glioma patient with a negative result (Fig. 5d). The SROC curves and Fagan's nomograms for meningioma and pituitary tumors are shown in Supplementary Material: Fig. S1-2.

Stratification of glioma tumors by high and low grading revealed overall accuracies of 94.32% and 94.23% for the DL methods, respectively (Fig. 4b). In addition, overall estimate achieved a sensitivity and specificity of 97.0% and 95.0% in classifying high-grade glioma respectively, and 95.0% and 98.0% in classifying low-grade glioma, respectively. For high-grade glioma tumors, the AUC for SROC curve was 0.98 (95% CI: 0.96-99) (Fig. 6a). Fagan's nomogram analysis showed that with a pretest probability of 25%, DL as an automated diagnostic method can increase posttest probability of a positive result to 86% while the posttest probability of a negative test was only 1% (Fig. 6b). When setting the pretest probability to 50%, DL increased the probability of a correct detection to 95% while there is only 3% probability of ignoring a high-grade glioma patient with a negative result (Fig. 6c). Based on 75% pretest probability, DL increased the probability of a correct detection to 98%, while there is a posttest probability of 10% for ignoring a high-grade glioma patient with a negative result (Fig. 6d). The SROC curves and Fagan's nomograms for low-grade glioma tumors as shown in Supplementary Material: Fig. S3.

When stratifying by I, II, III, IV grades (Fig. 4c), glioblastoma multiform tumors that are the most common and most malignant brain tumors were classified with

Table 1 Main characteris	tics of the included studies			
Study ID	Task	Method	Dataset	Remarks
Author, year				
Alex 2017 [29]	Low-grade glioma segmentation	DAE	BRATS 2015	Stacked denoising auto-encoders was pre- trained with HGG images and fine-tuned with LGG images
Alqazzaz 2019 [45]	Brain tumor segmentation	CNN	BRATS 2017	3D CNN SegNet models was used for feature extraction and decision tree was used for clas- sification of the combined features
Amin 2019 [44]	Brain tumor segmentation and classification	CNN (Alex- and Google-net)	BRATS 2013 2014, 2015 and 2016	Initial segmentation of images by optimal thresholding on pixel intensities and classifica- tion by using the fine-tuned pre-trained Alex- and Google-nets
Amin 2020 [43]	Glioma and stroke lesion detection	CNN	BRATS 2013, 2014, 2015, 2016 and 2017	Using a CNN consists of 14 layers for glioma and stroke lesion detection
Cahall 2019 [54]	Brain tumor segmentation	CNN (U-Net)	BRATS 2018	Modified U-Net architecture with inception modules was used for multi-scale feature extraction
Chen 2019 [32]	Brain tumor segmentation	CNN	BRATS 2015	CNN-based segmentation networks was extended by adding symmetric masks in several layers
Cui 2018 [42]	Brain gliomas segmentation and classification	CNN	BRATS 2015	A cascaded convolutional neural network con- sisting of two subnetworks was used for tumor localization and intra-tumor classification
Hussain 2017 [33]	Brain tumor segmentation	CNN	BRATS 2013	Images was normalized and bias field corrected, Deep CNN was used for segmentation, and small false positives were removed using morphological operators
Hussain 2018 [34]	Glioma tumors segmentation	CNN	BRATS 2013–2015	A patch based approach along with an inception module was used for training a deep CNN
Hasan 2018 [35]	Brain tumor segmentation	CNN (U-Net)	BRATS 2017	The U-net model was improved by replacing the de-convolution component with an up-sam-pled by the Nearest-neighbor algorithm
Khawaldeh 2018 [50]	Grading of glioma tumor	CNN (ConvNet)	Images from the Cancer Imaging Archive (TCIA)	ConvNet was used for classifying brain images into healthy brains, brains with low-grade tumor and brains with high-grade tumor
Kuzina 2019 [41]	Brain tumor segmentation	VAE	BRATS 2018 and MS	Bayesian generative models was used for knowl- edge transfer in MRI segmentation
Li 2017 [56]	Low-grade glioma segmentation	CNN	BRATS 2013	A multi-pathway CNN and fully connected conditional random field were combined for more accurate recognition of glioma with low contrast

Table 1 (continued)				
Study ID	Task	Method	Dataset	Remarks
Author, year				
Li 2019 [40]	Brain tumor segmentation	CNN (U-Net)	BRATS 2015 and 2016	Modifying U-Net architecture by: 1) adding skip connection between the encoding and decoding paths, and 2) adopting an inception module in each block, for tumor segmentation
Ma 2018 [51]	Nasopharyngeal carcinoma segmentation	CNN	Clinical MRI images of 30 NPC patients	A combination of deep CNN and a 3D graph- cut-based method was used for NPC segmen- tation
Michael Mahesh 2020 [47]	Severity-level categorization of glioma tumors	CNN	BRATS 2012 and 2018	Severity-level of glioma tumors was categorized by a deep CNN based on the features obtained from the images segmented by PSO
Mlynarski 2019 [52]	Brain tumor segmentation	CNN (U-Net)	BRATS 2018	A CNN-based segmentation model was trained using weakly annotated images in addition to fully annotated images
KV AM [48]	Glioma tumor grade identification	CNN (VGG-19)	Clinical images from 20 patients	Noise removal followed by the weighted neighbor distance algorithm and VGG-19 deep CNN were used for the identification of glioma tumor grade
Pereira 2016 [39]	Brain tumor segmentation	CNN	BRATS 2013	Segmentation of gliomas was investigated by using deep CNN with small convolutional kernels
Savareh 2019 [53]	Brain tumor segmentation	CNN	BRATS 2015	The architecture of CNN was enhanced by wavelet transform in brain tumor segmentation
Sultan 2019 [49]	Classification of brain tumor	CNN	Clinical images from 306 patients	One deep CNN was used to classify tumors into meningioma, glioma, and pituitary tumor. The other one differentiates between the three glioma grades
Sun 2019 [38]	Brain tumor segmentation	CNN	BRATS 2018	Ensembles of three different 3D CNN was used for robust segmentation of images through majority rule
Sun 2019 [38]	Brain tumor segmentation	CNN (U-Net)	BRATS 2015	Simple skip connection in U-Net was replaced with encoder adaptation blocks and dense con- nected fusion blocks was also used in decoder in order to better segmentation
Wang 2019 [55]	Brain tumor segmentation	CNN(U-Net)	BRATS 2018	U-Net was modified by residual blocks nested with dilations in the encoding part and squeeze-and-excitation blocks in both the encoding and decoding parts
Wang 2019 [46]	Brain tumor segmentation	CNN (ResNet)	BRATS 2015 and 2018	A residual network along with a pyramid pool network automatically segment glioma end to end

Table 1 (continued)

Description Springer

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Study ID Author, year	Task	Method	Dataset	Remarks
Wu 2019 [37]	Glioma segmentation based on	MVS	BRATS 2017	Super-pixel image was generated based on a simple iterative clustering method. SVM was used to train classification model based on a training set generated by calculating the statis- tical, texture, curvature and fractal features for each super-pixel
Yang 2019 [36]	Brain tumor segmentation	CNN and RF	BRATS 2015	Small kernels two-path CNN was used for feature extraction and random forest was used as the discriminative model on the learned features
Zhao 2018 [31]	Brain tumor segmentation	CNN	BRATS 2013, 2015 and 2016	An integration of fully CNN and CRFs in a unified framework was used for brain tumor segmentation
Zhuge 2017 [30]	Brain tumor segmentation	NNH	BRATS 2013	An extension from CNN with a deep supervi- sion through holistically nested HNN was trained to learn the multi-scale and multi-level hierarchical appearance representation of the brain tumor in MR images
Deepak 2019 [<mark>57</mark>]	Brain tumor classification	CNN	Figshare	A pre-trained GoogLeNet was used to extract features from brain MR images

attenuated inversion recovery; *GA*, genetic algorithm; *GAN*, generative adversarial network; *H&N*, head and neck; *HGG*, high-grade glioma; *HNN*, nested neural network; *HOG*, histogram orientation gradient; *KNN*, *K*-nearest neighbor; *LBP*, local binary pattern; *LGG*, low-grade glioma; *MRI*, magnetic resonance imaging; *OAR*, organ at risk; *PSO*, particle swarm optimization; *RF*, random forests; *ROI*, region of interest; *RTO*, radiation therapy oncology group; *SVM*, support vector machine; *T1*, longitudinal relaxation time; *T2*, transverse relaxation time; *VGG*, visual geometry group CNN, convolutional neural network; CRF, conditional random fields; CT, computed tomography; IDH, isocitrate dehydrogenase; DT, decision tree; DWI, diffusion-weighted imaging; Flair, fluid



Fig. 2 Box plot results of a dice score; b sensitivity; and c specificity of auto-segmentation versus ground-truth for each tumor region

Table 2 Results of auto-segmentation versus ground-truth for each tumor region in different views

	Dice coefficient				Sensitivity				Specificity			
	Multi-view	Axial	Coronal	Sagittal	Multi-view	Axial	Coronal	Sagittal	Multi-view	Axial	Coronal	Sagittal
Complete tumor	0.831	0.815	0.815	0.797	0.836	0.817	0.785	0.811	0.853	0.834	0.792	0.738
Core tumor	0.73	0.699	0.698	0.702	0.734	0.729	0.77	0.723	0.785	0.76	0.714	0.746
Enhanced tumor	0.63	0.622	0.622	0.589	0.698	0.686	0.663	0.716	0.611	0.611	0.617	0.54



Fig. 3 Bar chart results of a dice score; b sensitivity; and c specificity of auto-segmentation versus ground-truth for each tumor region in axial, coronal, sagittal, and fusing views

an excellent sensitivity and specificity of 97.61% and 96.23%, and a total accuracy of 96.58%. Classifying grade III glioma revealed 94.65% accuracy, 84.28% sensitivity, and 98.08% specificity. For grade II, the accuracy, sensitivity, and specificity were 95.14%, 90.36% and 96.8%, respectively. Accuracy of 99.76%, sensitivity of 98.99%, and specificity of 99.79% were obtained to classify grade I glioma. In the normal cases, almost all cases have identified correctly with high accuracy of 99.72%.

Discussion

In this meta-analysis, of the performance of DL-based algorithms in the segmentation and classification of MRI images in cases with HNCs and/or brain tumors were evaluated. Of the 109 related articles, 30 eligible studies were considered for this meta-analysis. Based on the analyzes performed on the selected studies, for the segmentation



Fig. 4 Confusion matrices for classification of tumor by **a** type; **b** low-grade (I and II grade) and high-grade (III and IV grade); and **c** I, II, III, and IV grades of auto classification versus manual classification

of HNCs and brain tumors, the dice coefficient, sensitivity, and specificity were examined, and the results show the high capability of DL-based methods in the complete tumor, tumor core, and enhanced tumor. The performance of DL models for the segmentation of HNCs and brain tumors is reduced from complete tumor to tumor core and enhanced tumor, respectively. Besides, the efficiency of segmentation was evaluated for complete tumor region based on JSC, ASSD, PM, and CR metrics in four studies. These parameters have not been reported in other studies, but can be used to evaluate the efficiency of segmentation methods.

The study also examined the performance of segmentation methods using DL in determining the grade of glioma based on different metrics. The necessary information for this analysis was not available in all studies; therefore, this issue has been investigated in some studies. The studies were compared based on the views of images used for segmentation, and the results were reported based on the dice coefficient, sensitivity and specificity. The results mainly show that the values obtained for different views are close and in descending order for the complete tumor, tumor core, and enhanced tumor, respectively.

The accuracy for classifying glioma, meningioma, and pituitary tumors by DL methods is more than 96%. These values for the sensitivity and specificity of the DL methods are also more than 93% for tumor-type classification. The values of accuracy, sensitivity, and specificity were also examined for the classification of tumor grades, which indicate the significant ability of automated methods based on DL. Due to the considerable ability of DL methods in the studied fields, some of the challenges and capabilities of these methods will be reviewed in the following.

Based on extensive studies, DL approaches have revolutionized the various fields of medical image processing and analysis. In many applications related to the classification and segmentation of medical images, DL approaches work better than other traditional methods [62, 63]. DL also facilitates the process of image analysis by automatically extracting features from images instead of extracting handcrafted features. However, one of the major challenges in applying these approaches is the need for large amounts of data due to the multiplicity of parameters to be learned in deep neural networks. This large amount of data must also be labeled, which requires a time-consuming process to produce the labels. To address these challenges, researchers in the field of machine learning have made efforts to use data augmentation techniques or transfer learning.

Data augmentation refers to the concept in which the number of images is increased using various approaches such as translational changes, rotation, mirroring, optical transforms, and other methods of image processing, or methods based on generative adversarial networks (GANs) [64]. Transfer learning is also a concept that uses a neural network that has been previously trained for similar applications, and this network must then be fine-tuned using available data [65]. Using domain adaptation approaches can also greatly solve the problem of the need for labeled data [66]. Therefore, using these methods can improve the performance of DL approaches.

Conclusion

In this meta-analysis, some studies related to the use of DL methods in segmentation and classification of HNCs and brain tumors in MRI images were evaluated. Based on the obtained results, we can acknowledge the significant ability of DL methods in the mentioned applications. Paying attention to the strategies such as data augmentation,





Fig. 5 aSROC curve for diagnostic accuracy of DL in discrimination of glioma from meningioma and pituitary tumors; Fagan's nomogram with b 25% pretest probability; c 50% pretest probability; d 75% pre-

transfer learning, and domain adaptation can increase the performance of DL-based segmentation and classification methods, and handle challenges related to DL such as limited annotated data, overfitting, class imbalance and so on. We do believe that this paper can help researchers interested in this field to choose a suitable DL model and method of defining the study methodology and show the

test probability. Summary receiver operating characteristic (SROC), sensitivity (SENS), specificity (SPEC), area under the curve (AUC), probability (Prob), likelihood ratio (LR)

main challenges of this field and ways to deal with them. Poor reporting in these studies challenges the analysis process, so it is recommended that future studies report comprehensive results based on different metrics.

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Fig.6 a SROC curve for diagnostic accuracy of DL in discrimination of high-grade glioma from low-grade glioma tumors; Fagan's nomogram with b 25% pretest probability; c 50% pretest probability;



d 75% pretest probability. Summary receiver operating characteristic (SROC), sensitivity (SENS), specificity (SPEC), area under the curve (AUC), probability (Prob), likelihood ratio (LR)

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